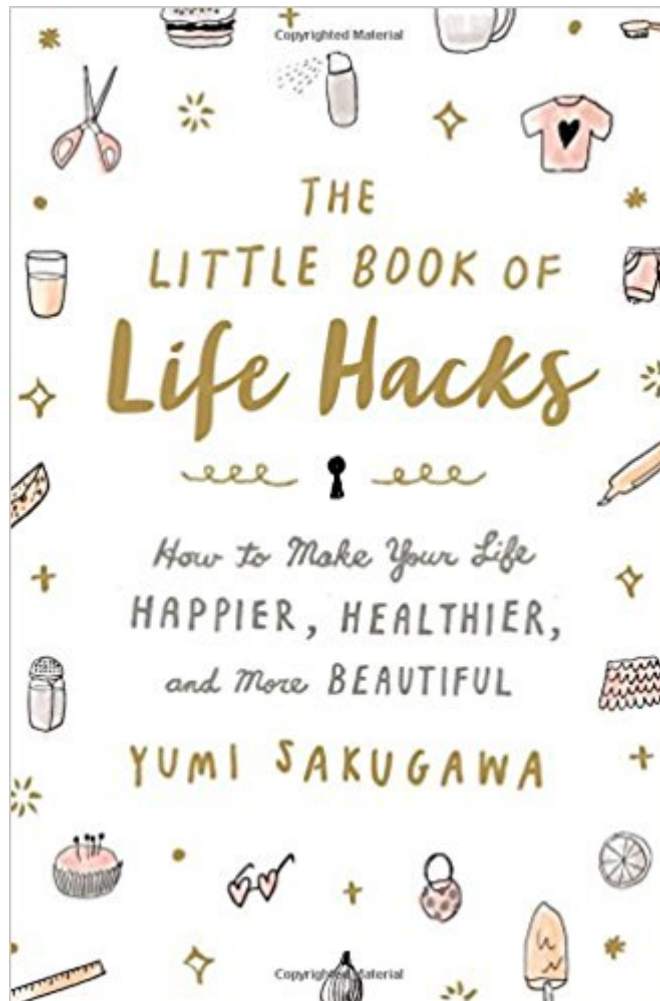


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# The Little Book Of Life Hacks: How To Make Your Life Happier, Healthier, And More Beautiful



## Synopsis

Author, illustrator and comic book artist Yumi Sakugawa shares a wide range of useful and unexpected tips for looking and feeling better, streamlining and improving your home life, and creating fun and artsy DIY projects that can brighten your living space. Inspired by her popular *Secret Yumiverse* • tips originally posted on WonderHowTo.com, *The Little Book of Life Hacks* offers a wide range of practical advice and fun tips for everything from how to: - Remove dark circles from under your eyes - Make cold brew iced coffee at home - Throw the perfect apartment party on a budget - Work out at home without a gym membership - Take the perfect afternoon power nap...and more! Featuring Yumi's signature hand-drawn illustrations throughout, *The Little Book of Life Hacks* is a distinctive and perfect gift for recent graduates and young working women who want to learn practical ways to organize and improve their daily life while still having fun.

## Book Information

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## Customer Reviews

"The Little Book of Life Hacks is a beautifully illustrated resource to solving the small life mysteries that often plague us: inventing a new style from an existing wardrobe, making the best scrambled eggs, and learning how to trick your brain out of a bad mood. The solutions in Yumi's book are always natural, resourceful, and dig a little bit deeper, ensuring that we can all take small steps toward our envisioned lives. With endearing tutorials that guide us from the inside out, *The Little Book of Life Hacks* encourages and equips each person to be their best self as often as possible."  
-Meera Lee Patel, author of *Start Where You Are: A Journal for Self-Exploration*"A modern-day

survival guide, Yumi's incredibly charming artwork and insights are endlessly engaging. An absolute gem of a book!" -Keiko Agena, award-winning actress on *Gilmore Girls*, *Shameless*, and *Transformers: Dark of the Moon* "Exquisitely lovely and heartwarming, Sakugawa's illustrations bring to life her charming and thoughtful advice. I'm left feeling enchanted and more than a little bit wiser." -Roshani Chokshi, New York Times bestselling author of *The Star-Touched Queen* "Yumi has created an encyclopedia of magical tricks that I can actually implement today. It's beautiful, playful and practical. I can't wait to share this delightful book of life hacks with all my friends." • -Becky Simpson, author of *The Roommate Book* "This charmingly illustrated book by Yumi Sakugawa is the perfect guide on how to be a better human in this world. It's so fun to read and everyone should have it in their personal collection!" -Ann Shen, author of *Bad Girls Throughout History: 100 Remarkable Women Who Changed the World* "Yumi Sakugawa fills each page with such sweet illustrations and insightful tips to make you feel healthy and beautiful inside and out. This book will make you smile whether you are 13 or 30." -Robin Ha, author of *Cook Korean!: A Comic Book With Recipes* "The Little Book of Life Hacks is packed with artfully illustrated DIYsâ •including lots of healthy beauty ideasâ •that help you look and feel your best. This book is fun and genius all at once.â • -Jolene Hart, health coach and author of *Eat Pretty*

YUMI SAKUGAWA is an Ignatz Awards nominated comic book artist and author of *I Think I Am In Friend-Love With You*, *Your Illustrated Guide To Becoming One With The Universe*, and *There Is No Right Way to Meditate: And Other Lessons*. Her comics have appeared in *BuzzFeed*, *The Believer*, *Bitch*, *The Best American Non- required Reading 2014*, *The Rumpus*, *Folio*, *Fjords Review*, and other publications. A graduate from the fine art program of University of California, Los Angeles, Yumi lives in Los Angeles.

Gave this book to my daughter, who was moving into her first apartment. She loves it. She calls & read parts of it to me so we can both enjoy this sweet, funny, helpful book.

Bought this sight-unseen as a gift for someone per the recommendation of a friend, and I'm SO glad I did. It's the sweetest damn book you'll ever see. The content is fun and helpful, and the illustrations are charming. I immediately ordered one for myself and this will be my go-to gift for friends!

My 7 year old daughter is quite taken by this book and is learning a lot. It's almost like a book of little

science experiments that she can apply around the house.

I got two books, one for my friend for her birthday and another for myself. The book cover is great, stiff and resistant to damage and the inside of the book is awesome as well. The every page has drawings and is all handwritten, giving it a quirky touch. The book topics range from things like diy stain removers to cures for headaches. Overall, I really like the book. It's fun to flip through and the few things I have tried from it works great!

This book has a profusion of very detailed and very colorful artwork, with beautiful colors. Also, it's very charming.

perfect for presents

This book is visually lovely but the content is a little generic. I didn't really like the "dress for your body type!" Section because I think you should be able to dress however you darn well like!

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